

**Press release
For immediate release**

Douglas Mini-Psych School to air on Canal Savoir

Montréal, March 31— For a second consecutive year, the Douglas Mental Health University Institute's Mini-Psych School, held in French, will air on Canal Savoir. The lectures, recorded last fall, will be broadcast starting April 13.

Canal Savoir reaches more than 4 million Canadian homes, including 2.5 million in Quebec. The channel is also available in the United States, Haiti and Mexico. Its entire program schedule is dedicated to sharing knowledge and promoting a broad range of ideas, which it has done for 22 years.

Increasing understanding of mental health

The 2008 Mini-Psych School lectures, presented by renowned researchers and clinicians at the Douglas, help the public understand brain function, and cover topics such as the history of psychiatry, medication use, mental illness and the law, and recovery.

"The Mini-Psych School is an excellent way to share expertise and knowledge. We are delighted at the prospect of having a broader audience again through Canal Savoir. We received many positive comments from last year's broadcasts," says Camillo Zacchia, PhD, Professional Chief of Psychology at the Douglas and coordinator of the Mini-Psych School. "About a quarter of the population suffers from mental illness," he adds. "An increased understanding and awareness of these conditions is necessary to help those who suffer from mental illness contribute to society in an active way."

Canal Savoir broadcasts are also available on the Douglas Web site douglas.qc.ca/mini-psych. For the complete schedule, consult the enclosed document or visit the Canal Savoir Web site.

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About the Douglas—www.douglas.qc.ca

The Douglas is a world-class institute, affiliated with McGill University and the World Health Organization, which treats people suffering from mental illness and offers them hope and cures. Its teams of specialists and researchers continually advance

scientific knowledge, integrate it into patient care, and share it with the community to increase awareness and eliminates stigma around mental illness.