

Press release
For immediate release

Poignant movies and absorbing discussions The Douglas Institute presents its eighth "Frames of Mind" film event

Montreal, April 26, 2011 – The Douglas Mental Health University Institute will be presenting its eighth "**Frames of Mind**" mental health film and discussion series on Friday, May 6 and Saturday, May 7. Held during Mental Health Week, this popular event follows its usual format of showing a movie and discussing it afterwards with clinical experts from the Douglas Institute. The sessions will take place in the Douglas Room and admission is free.

Movies for all ages

The SOLOIST

Friday, May 6, 7:30 p.m. (English with French subtitles)

"This movie is about the touching friendship that develops between a journalist and a brilliant street musician, and how their unusual bond affects both in different ways," explains Thomas Holmes, a social worker who helps young people living with a psychotic disorder. He will take part in the discussion after the screening.

À LA CROISÉE DES MONDES - LA BOUSSOLE D'OR (*The Golden Compass*)

Saturday, May 7, 2:00 p.m. (French with English subtitles)

"The young heroine in this movie, all of 12 years old, embarks on an adventure that turns out to be a quest for her identity—something that every child experiences and which adults help guide them through," notes Colette Boucher, a psychologist working with children and pre-adolescents. She will join in the discussion after the film.

DEAD POETS SOCIETY

Saturday, May 7, 7:30 p.m. (English with French subtitles)

"I think the discussion following this movie will be a chance for the audience to actively share their knowledge and experiences with one another. I'm looking forward to hearing how they interpret certain scenes in the film," says Marie-Josée Ouellet, a psychologist working with adolescents.

What: Frames of Mind 2011 – Douglas Institute
When: Friday, May 6 at 7:30 p.m. and Saturday, May 7 at 2:00 p.m. and 7:30 p.m.
Where: Douglas Room, Douglas Institute
6875 LaSalle Blvd. LaSalle
Montreal, QC

Free admission

Parking: \$3.00, Information: 514 761-6131, ext. 2788

Hear what the experts have to say about these movies

<http://www.douglas.qc.ca/news/1095?&locale=en>

About Frames of Mind

For eight years now, "Frames of Mind" has provided an opportunity to raise awareness about mental health disorders, dispel the taboos surrounding mental illness, and erase the prejudices towards those suffering from mental health problems. The event is a chance for the general public to obtain accurate information from recognized experts in the field of mental illness, hear about personal experiences, and ask questions along the way. All this combined with a free movie!

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About the Douglas—www.douglas.qc.ca

The Douglas is a world-class institute, affiliated with McGill University and the World Health Organization, which treats people suffering from mental illness, and offers them hope and cures. Its teams of specialists and researchers continually advance scientific knowledge, integrate it into patient care, and share it with the community to increase awareness and eliminate stigma around mental illness.