



**Press Release
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**Special screening of *Polytechnique* at the Cinéma du Parc
with Karine Vanasse
The first of two "Frames of Mind" movie nights
organized by the Douglas Institute**

MONTREAL, April 21, 2009 – The Douglas Mental Health University Institute presents two **Frames of Mind** movie/discussion nights, May 7 to 9, at the Cinéma du Parc. First on Thursday May 7, ***Polytechnique*** and then on Saturday May 9, ***Maman est chez le coiffeur***.

***Polytechnique* – Thursday, May 7**

Actress and associate producer **Karine Vanasse**, will participate in the post-screening discussion, as she saw this as an opportunity not only to hear audience reactions and comments first-hand but also to talk about this tragedy that deeply affected all of Quebec society, 20 years ago. Will also be part of the discussion: **Alain Brunet**, PhD, a psychologist and researcher who specializes in post-traumatic stress disorder at the Douglas Institute and **Pascale Brillon**, M.D., from the anxiety disorders clinic at Hôpital du Sacré-Coeur, author of the book "Comment aider les victimes souffrant de stress post-traumatique".

How can we recover from these kinds of tragedies?

The panel members will talk about what individuals and society as a collective can do to best recover from the human dramas that lead some people to experience post-traumatic stress disorder.

***This film is for those aged 13 and older. Scenes of violence.
Original version in French***

***Maman est chez le coiffeur* – Saturday, May 9**

The second night will feature *Maman est chez le coiffeur* directed by Léa Pool. The discussion will be attended by **Jean-François Bélair**, MD, a psychiatrist specialized in anxiety and affective disorders who works with adolescent patients and their families at the Douglas Institute and by **Isabelle Hébert**, the film screenwriter.

French version with English subtitles.

What: 2009 Frames of Mind – Douglas Institute
Film screenings and panel discussions

When: Thursday, May 7 and Saturday, May 9, 6 p.m.

Where: Cinéma du Parc 3575 Parc Avenue
Montreal, QC

Admission: For admission prices or to buy tickets, please visit the Cinéma du Parc Web site or call 514-281-1900.

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About the Douglas—www.douglas.qc.ca

The Douglas is a world-class institute, affiliated with McGill University and the World Health Organization, which treats people suffering from mental illness and offers them hope and cures. Its teams of specialists and researchers continually advance scientific knowledge, integrate it into patient care, and share it with the community to increase awareness and eliminate stigma around mental illness.