**MY STRENGTHS**

**Client’s name : \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Intervener’s name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

|  |  |  |
| --- | --- | --- |
| **My actual situation :**What is happening today ?What are my resources ? | **My hopes and desires:**What do I want ?(per area of life) | **Personal and social resources:**What have I used in past? |
|  | **Daily Living** |  |
|  | **Finances / Programs** |  |
|  | **Work / Education** |  |
|  | **Social Network** |  |

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| **My actual situation :**What is happening today ?What are my resources ? | **My hopes and desires:**What do I want ?(per area of life) | **Personal and social resources:**What have I used in past? |
|  | **Health** |  |
|  | **Leisure activities** |  |
|  | **Sexuality**  |  |
|  | **Spirituality** |  |

**What are my priorities ?**

1. **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 4 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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| **Intervener’s comments :** | **Client`s comments :** |
| **Intervener’s Signature:****Date :** | **Client’s signature :****Date :** |