



DOUGLAS MENTAL HEALTH
UNIVERSITY INSTITUTE
Douglas Pavilion
6875 LaSalle Blvd

February 20, 2015

Objectives

- Knowledge update on treatment of complex and refractory mood disorders
- Theoretical basis of stress implication and inflammatory phenomena in mood disorders
- Practical clinical tools on the management and evaluation of stress and cognitive deficits

Registration fees:

Professionals: \$100

Students and members of a NPO: \$75

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THE GROUPE D'ETUDE TRANSLATIONNELLE EN
SANTÉ MENTALE (GETSM) PRESENTS

From translational neurobiology to
clinical treatment of complex cases

- 7:30 a.m. Registration
- 8:15 **Welcoming address**
Dr Serge Beaulieu
- 8:30 **Neurobiology of stress response and modulation of emotions**
Dr Sonia Lupien
- 9:30 **Psychopharmacology of mood disorders**
Dr Pierre Blier
- 11:00 **Workshop 1 - Therapeutic approach to refractory cases**
Animation by Dr Pierre Blier **OR**
Workshop 2 - Stress management: clinical application
Animation by Dr Sonia Lupien
- 12:00 p.m. Lunch (included)
- 1:00 **Inflammation and cognitive disorders**
Dr Valerie Tourjman
- 2:00 **Workshop 3 - Neuroscience-based nomenclature of psychotropic medications**
Animation by Dr Pierre Blier **OR**
Workshop 4 - Screen for Cognitive Impairment in Psychiatry (SCIP): to an efficient measure of cognitive deficits
Animation by Dr Valerie Tourjman
- 3:15 **Newsreel: highlights of the future**
Moderators: Dr Serge Beaulieu, Dr Pierre Blier, Dr Valerie Tourjman, Dr Andree Daigneault, Dr Philippe Baruch
- 3:45 p.m. Closure



Symposium in French
Activity accredited by RCPSC and by OPQ

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